Dog Fact Sheet
Occupational Safety and Health Information

General Safety Information for Persons Working with Dogs
The following information is intended to inform individuals who are involved with the care and use of animals about potential hazards (e.g., zoonoses, allergies, injuries) associated with working with various animal species and to provide information as to how they may lessen these hazards (e.g., personal hygiene, personal protective equipment [PPE]).

Zoonotic Diseases of Dogs
Dogs can carry organisms that may cause infection and disease in humans (zoonotic diseases, zoonoses) and these may be transmitted either directly (e.g., through bites) or indirectly (e.g., through exposure to feces). In general, dogs that receive routine health care (e.g., vaccination, de-wormed, parasite control) and are closely monitored for disease, are less likely to be a source of disease transmission to humans. However, people who handle dogs should be aware of a number of important diseases that dogs may carry which include Rabies, Brucellosis, Leptospirosis, Tuberculosis, Ringworm, Hookworm and Roundworm and enteric diseases (e.g., Salmonellosis, Campylobacteriosis, Giardia and Cryptosporidia). Some of these diseases may not produce observable signs of illness in the dog; therefore, people who handle dogs or their wastes must take appropriate precautions to prevent transmission of these infections.

Injuries from Handling Dogs
Dogs are social animals and respond to human interaction and affection. However, when fearful, injured, or ill, they may become frightened and agitated and can bite and resist being handled. Dog bites and scratches have the potential to become seriously infected and should be treated immediately (see Bite Wounds). People who handle dogs should be provided with training in proper handling techniques in order to avoid injury to themselves or the animals, such specific handling and restraint techniques, and protective clothing requirements.

Allergic Reactions to Dogs
One dog allergen (a protein material which causes an allergic reaction) is produced by the oil glands of the skin which deposit the allergen on the dog’s fur, but may also be found in the dog’s saliva. People with allergies to dogs may have sneezing, congestion, itchy and watery eyes and skin rash/itching when they are exposed to dogs or to rooms and equipment used to house them.
How to Protect Yourself

Wash your Hands: The single most effective preventative measure that can be taken is thorough, regular hand washing. Wash hands and arms after handling dogs. Never eat, drink or smoke in animal areas.

Wear Personal Protective Equipment: Overalls or scrub suits and gloves may be required when undertaking some tasks with dogs, particularly cleaning kennels. Wash your hands and arms after removing your gloves. Face masks (e.g. N-95) should be used if you have allergies to dogs. People who need to wear respiratory protection should be medically cleared before being fit tested with a respirator (if applicable).

Tell your Physician you work with Dogs: Whenever you are ill, even if you are not certain that the illness is work related, always mention to your physician that you work with dogs. Many zoonotic diseases have flu-like symptoms and would not normally be suspected. Your physician needs this information to make an accurate diagnosis. Questions about personal human health should be answered by your physician.

Seek Medical Attention Promptly: If you are injured on the job (e.g., bitten) provide immediate first-aid. Stop the bleeding of wounds and wash the affected areas with soap and water. Where soap and water may not be readily available, use of baby wipes (available in small portable packages) or alcohol-based cleansing gel is acceptable. Alcohol-based gels are neutralized by organic matter so the first application should be wiped off to remove debris, or the area can be cleaned first with a baby wipe, and the next application of gel can be left on the skin.

- Immediately report the incident to your supervisor (if applicable).
- Individuals needing immediate medical treatment for serious injuries should visit the nearest medical treatment facility (e.g., emergency room or urgent care center).
- Immediate medical treatment may be required if:
  - An individual’s ability to breath properly is affected;
  - Bleeding is excessive and difficult to control;
  - An injury clearly needs sutures; or
  - There is a loss of consciousness associated with the incident.